



Light

Adjust

Mode

**To view the time/date**  
Press "LIGHT" button to view the time. Light will stay on 3 seconds. While time is displayed Press "ADJ" button to view the time, date, and second.

**Setting "TIME" and "DATE"**  
Press and hold "LIGHT" button to view the digits while setting.  
Press "MODE" button repeatedly to select Month, Date, Hour, Min to change. (Note: A= AM P=PM)  
Press "ADJ" button to adjust the digits  
Press "MODE" button to move to the next sequence  
Press "MODE" button until time is displayed to finish setting and exit.

**To reset the second**  
Press "LIGHT" button to view the time.  
Press "ADJ" button to view the second  
Press "MODE" button to reset.  
Press "ADJ" button to view the time and exit.

**Note: battery life will depend on usage.**